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AQUACULTURE & FISHERIES INNOVATION LAB

## RESEARCH REPORTS

Sustainable Aquaculture for a Secure Future

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**Title:** Survey of fish consumption by women and children in An Giang province

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**Abstract:** The aim of this study is to assess amount of food and energy provided within 24 hours for women and children and to analyze the role of food fish for daily consumption. The study was conducted from January to November 2017 in An Giang province by interviewing 300 women and 300 children in the dry and wet seasons. The study found that women's daily dietary intake in dry and wet seasons was 750.3 g/day (1,411.8 kcal) and 780.6 g/day (1,403.5 kcal), respectively. For children, daily food intake in dry and wet seasons was 683.1 g/day (764.7 kcal) and 616.5 g/day (983.7 kcal), respectively. Food fish consumption by women accounted for 18.1-18.8% in quantity (10.9 - 12.8% in energy). For children, food fish products constituted 9.5 - 9.8% in quantity (6.8 - 9.3% in energy).

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