

NOTICE OF PUBLICATION



AQUACULTURE & FISHERIES INNOVATION LAB

RESEARCH REPORTS

Sustainable Aquaculture for a Secure Future

Title: Fish consumption among women and pre-school children in Cambodia

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Date: **05 December 2017** Publication Number: AquaFish Research Report **15-A11**

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Abstract: In 2014, the Inland Fisheries Research and Development Institute of the Cambodian Ministry of Agriculture, Forestry and Fisheries undertook a study of the consumption of fish and other aquatic animals by women and pre-school children. The study, supported by Oregon State University through the University of Connecticut under the AquaFish Innovation Lab programme, covered 300 women and 343 children in three provinces – Stung Treng and Prey Veng on the Mekong River and Kampong Thom on the Tonle Sap Lake. Interviews over two weeks in June estimated food intake over the previous 24 hours. Evaluations of energy, macronutrients and micronutrients were made using the ASEAN Food Composition Table. To determine nutritional adequacy, nutrient intake was compared with the Recommended Dietary Allowances for Southeast Asia.

This abstract was excerpted from the original paper, which was in the *Catch and Culture* 21(3): 34-35.

AQUAFISH RESEARCH REPORTS are published as occasional papers by the Management Entity, AquaFish Innovation Lab, Oregon State University, Corvallis, Oregon 97331-1643 USA. The AquaFish Innovation Lab is supported by the US Agency for International Development under Grant No. EPP-A-00-06-00012-00. See the website at <aquafishcrsp.oregonstate.edu>.