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RESEARCH REPORTS

Sustainable Aquaculture for a Secure Future

Title: Growth performance of spinach (*Spinacia oleracea*) on diets supplemented with iron-amino acid complex in an aquaponic system in Kenya

Author(s): Kenneth Rono¹, Julius O. Manyala¹, David Lusega¹, Josiah A. Sabwa¹, Edwine Yongo, Charles Ngugi², Kevin Fitzsimmons³ & Hillary Egna⁴

1. University of Eldoret, Kenya, P. O. Box 1125, Eldoret, Kenya

2. Mwea AquaFish Farm P.O. Box 101040-00101 Nairobi, Kenya

3. University of Arizona, 1140E, South Campus Drive, Forbes 306, Tucson, AZ 85719 USA

4. College of Agricultural Sciences, Oregon State University, Corvallis, Oregon 97331 USA

Date: 6 August 2018

Publication Number: AquaFish Research Report 18-399

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Abstract: Aquaponic is an environmental-friendly production system involving reuse of waste and nutrients in production of fish and vegetables. Currently the system experiences unbalance in pH and nutrients deficiency in plants. This study investigated the effect of iron amino acid chelate supplement in fish feeds on growth performance of spinach (*Spinacia oleracea*) in aquaponic system. The experimental research was conducted at the University of Eldoret from August-December 2016. A complete randomized design was used in triplicate treatments. The supplementation quantity in fish diets constituted 30 Fe kg⁻¹, 20 Fe kg⁻¹, 10 Fe kg⁻¹ and 0 Fe kg⁻¹ of iron amino acid chelate respectively. At 30 Fe kg⁻¹ treatments spinach indicated a significant growth at ($p < 0.05$) than other treatments with final mean height (52.44 ± 0.798 cm) and 19.33 leaves. The least growth of spinach was at 0 Fe kg⁻¹ treatments with final mean (25.36 ± 0.72 cm, 9.704) height and leaves respectively. 30 Fe kg⁻¹ exhibited highest nutrients and improved water quality as compared to other treatments. The results revealed that 30 Fe kg⁻¹ iron amino acid chelate supplementation had significant nutritional attributes as feedstuff in aquaponic system for spinach growth than other dietary treatment tested.

This abstract was excerpted from the original paper, which was in *International Journal of Research Science and Management* (2018) 5(7): 117-127.

AQUAFISH RESEARCH REPORTS are published as occasional papers by the Management Entity, AquaFish Innovation Lab, Oregon State University, Corvallis, Oregon 97331-1643 USA. The AquaFish Innovation Lab is supported by the US Agency for International Development under Grant No. EPP-A-00-06-00012-00. See the website at <aquafishcrsp.oregonstate.edu>.